



Menu September 2017



Sun Mon Tue Wed Thu Fri Sat

					<p>1 B: Cereal w/Bananas & Milk/Water L: Hamburgers, Fries, Apples & Milk/Water P: Graham Crackers & Milk</p>	<p>2</p>
<p>3</p>	<p>4 KRK CLOSED for LABOR DAY</p>	<p>5 B: Cereal w/Bananas & Milk/Water L: Goulash, Peaches, Broccoli & Milk/Water P: Nutrigrain Bars & 100% Juice</p>	<p>6 B: Scrambled Eggs, Wheat Toast & Milk/ 100% Juice L: Grilled Cheese, Peas, Pears & Milk/Water P: Pretzels, String Cheese & Water</p>	<p>7 B: French Toast Sticks w/Bananas & 100% Juice L: Turkey Soft Tacos w/ Seasoned Black Beans, Pineapples & Milk/Water P: Apple Bars & Water</p>	<p>8 B: Cereal & Milk/Water L: Salisbury Steak, Green Beans, Mixed Fruit & Milk/ Water P: Yogurt w Graham Crackers & Water</p>	<p>9</p>
<p>10</p>	<p>11 B: Cereal & Milk/Water L: Hot Dogs, Tater Tots, Pears & Milk/Water P: Fruit Cup, Ritz Crackers & Water</p>	<p>12 B: Pancakes w/Syrup & 100%Juice/ Water L: Soft Taco, Corn, Mixed Fruit & Milk/Water P: Peaches w/ Crackers & Water</p>	<p>13 B: Cereal & Milk/Water L: BBQ Baked Chicken, Rice, Mangoes & Milk/Water P: Cheese w/ Crackers & Water</p>	<p>14 B: Apple Turnovers & 100% Juice L: Cheese Quesadillas , Pinto Beans, Peaches & Milk/Water P: Rice Krispie Treats & 100% Juice</p>	<p>15 B: Cereal & Milk/Water L: Turkey Sandwich, Chips, Oranges & Milk/Water P: Goldfish & Water</p>	<p>16</p>
<p>17</p>	<p>18 B: Cereal & Milk/Water L: Chicken Nuggets, Baked Fries, Corn & Milk/Water P: Apple Bars & Water</p>	<p>19 B: Applesauce, Toast & Milk/Water L: Bean & Cheese Burrito, Fresh Peaches & Milk/Water P: Dried Fruit, Crackers & Water</p>	<p>20 B: Cereal & Milk/Water L: Pizza, Fries, Peas, Strawberries & Milk/Water P: Pretzels, String Cheese & Water</p>	<p>21 B: Biscuit w/Jelly & Milk/Water L: Spaghetti, Salad, Oranges & Milk/ Water P: Nutrigrain Bar & 100% Juice</p>	<p>22 B: Cereal & Milk/Water L: Nachos w/Cheese, Cinnamon Apples & Milk/ Water P: Yogurt w/ Graham Crackers & Water</p>	<p>23</p>
<p>24</p>	<p>25 B: Cereal & Milk /Water L: Macaroni & Cheese w/ Diced Ham, Pineapples & Milk/Water P: Sugar Cookies & Milk/Water</p>	<p>26 B: Egg Casserole & 100% Juice/ Water L: Fish, Macaroni & Cheese, Peaches & Milk/Water P: Yogurt w/Fruit & Water</p>	<p>27 B: Bagels, Peaches & Milk /Water L: Ham Sandwiches, Chips , Green Beans & Milk/Water P: Trail Mix & 100% Juice/Water</p>	<p>28 B: French Toast & 100% Juice/ Water L: Taco Salad w/ Ground Turkey, Pineapples & Milk/Water P: Fresh Fruit w/Crackers & Water</p>	<p>29 B: Cereal & Bananas & Milk/Water L: Hamburgers, Fries, Apples & Milk/Water P: Graham Crackers & Milk</p>	<p>30</p>
	<p><i>BEVERAGES: Each meal is provided with the options of either 2% Milk and/or 100% Juice/Water</i></p>	<p><i>CEREAL BUFFET: Rooms 200-550: Variety of Whole Grain Cereal</i></p>	<p><i>VEGETARIAN OPTIONS: Meat alternatives such as soy or dishes without meat are offered when meat is served</i></p>	<p><i>INFANT REPLACEMENTS: Blueberries will be substituted with Green Peas. Chips and Gold Fish are substituted with crackers .</i></p>		